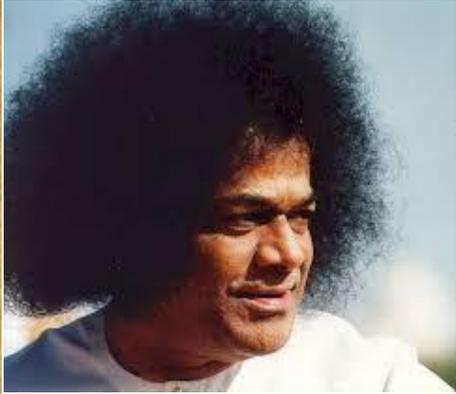




Sathya Sai International Organisation of Australia and PNG – NSW Region East and West

Guru Purnima 2015

Share Love Experience Love Be Love



"Nothing is impossible if an organised society is set on achieving it. Even liberation from material entanglement can be won through serving and promoting the progress of society. Through the sense of unity, the willingness to sacrifice, and the softness of compassion, all objects can be gained. So, the Sathya Sai Organisation must move forward with hearty enthusiasm in the field of service to society." ~ Sathya Sai Baba (Sathya Sai Speaks, 1981)

In line with this, in order to experience our highest reality though Love in Action, the youth of NSW humbly present to Swami our offering for GP2015 that not only the youth, but the *entire SSIO of NSW* (children, youth and adults) can be actively involved in. A series of Selfless Service activities will be undertaken for GP – we have detailed information about each project below, and how you can get involved.

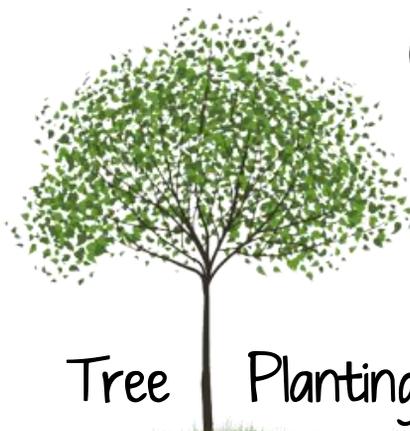
To register your interest for a project, simply fill in our registration form at <http://goo.gl/forms/EBHxI0cqTB> and we will contact you with more details regarding the project(s) you have chosen.

GP2015 Offerings

Devotional Program



Friday 31st July, 8pm – 9pm
Prairiewood High School
Prairievale Rd, Prairiewood
Refreshments will be served



Tree Planting

Sunday 26th July
Various locations
Please see below



Life Skills Program for migrants and refugees

1st, 8th and 15th August
SydWest Multicultural Services
Blacktown



Food Drive

Saturday 1st August
Carramar and Western Sydney
Food collection: until 31st July



Nursing Home Project

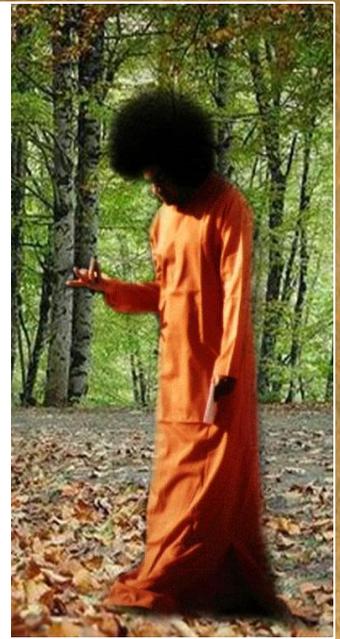
Saturday 1st August
*Rehearsals every Sunday, 4-6pm
starting 28th June.*
*Address: 63 – 65 Garfield St,
Wentworthville*

Tree Planting for National Tree Day

"Normally, plants and trees absorb and assimilate the carbon dioxide and supply oxygen by the natural process of photosynthesis. But because there is deforestation to an alarming extent, the amount of carbon dioxide in the atmosphere has considerably increased. The remedy for this situation is intensive afforestation, growing more trees everywhere, and protecting the existing trees without destroying them for other purposes. The relationship of man, nature, and God is very intimate..." ~ Sathya Sai Baba (Sanathana Sarathi, Vol 36)

As part of GP2015, we will join thousands of Australians to work towards positive environmental change on National Tree Day, one of Australia's largest nature-care events. As Swami reminds us, it is our responsibility to appreciate and take care of our Mother Earth. By doing so, we can create a healthy environment that will sustain life for current and future generations. Planting native trees and plants helps regenerate the land by increasing biodiversity and providing habitat for native animals.

Please note: you will need to wear a hat, enclosed shoes and bring a bottle of water and gloves if you have a pair. Long pants and long sleeves are strongly recommended. Tools and equipment for tree planting will be provided.



Homebush
Bressington Park
Underwood Rd
Homebush
9.30am - 1.30pm

Prairiewood
Flora Park
Christie St
Prairiewood
9.30am - 1.30pm

Prospect
Tmbertop Reserve
Norman St
Prospect
9am – 12pm

Nursing Home Project



This GP2015 initiative will build on an existing project currently conducted by the youth of NSW, and will include adults, children and youth. We will visit nursing homes to share our love and positive energy with the elderly residents through a musical program. Groups of volunteers (including instrumentalists) will visit 1 – 2 nursing homes across the local Sydney Metro region. Groups will practice 8 – 10 songs and will sing these songs on the day. The visits will also be a chance to interact with the residents to build bonds and provide an additional avenue of communication and love.

We are looking for:

People willing to get up, sing, dance and have some fun
Musicians (keyboardists, guitarists, drummers etc)
Sound system operators

All participants of the program will be required to engage in **weekly practice sessions**. Practices will start on the 28th of June and continue until the 1st of August. Practice tracks and lyrics will also be provided to all participants.

Food Drive

Each year in Australia, 2.2 million people rely on food relief, a basic necessity that we all take for granted every day. Thus for GP2015, we will come together to collect as much food as possible to serve those in our family in NSW who are struggling with access to this basic necessity. Food items will be collected in each centre leading up to the GP devotional program. All items donated will be sorted and delivered to House of Welcome the next day. Food items for Tregear will also be packed into hampers on Saturday, and delivered the following week.



Participants are needed to:

- Donate Food
- Assist with food transportation
- Assist with packing food hampers

Tregear Community Hamper Items:

- Full cream long life milk (4L)
- Raw sugar (2kg)
- Pasta (2kg)
- Rice (3kg)

(Each hamper will require 1 of each item. Please include all items donated in 1 bag for easier packing)

House of Welcome Items:

- Sugar
- Cooking oil
- Long life Healthy Juices
- Rice
- Tea /Coffee
- Instant noodles
- Tomato/BBQ sauces
- Pasta
- Canned Vegetables (Crushed tomatoes, beans, corn etc)
- Flour
- Salt /Pepper
- Chick peas
- Honey
- Juice boxes
- Pasta Sauces
- Instant packet Noodles

Please note: No baked beans or tinned spaghetti

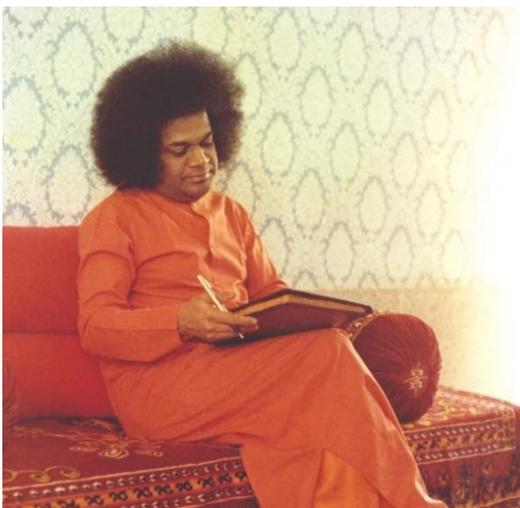
All food items must be long-life items, with expiry dates no earlier than mid-August. You may choose to donate a whole hamper, or get together with a group of people to commit to a number of items/hampers, or simply collect and donate whatever items you are able to.

Tregear is a small community in Western Sydney with a higher-than-average proportion of disadvantaged and Indigenous populations. Some years ago, a few teachers from the local primary school started a breakfast program for school students who were coming to school without breakfast and consequently noticed improvements in the behaviour and productivity of these students. Through one of the teachers at the school, the Sathya Sai Organisation is now a regular contributor to this breakfast program. The Sathya Sai Organisation also participates in the annual Christmas hampers program.

House of Welcome is an organisation based in Carramar, providing support to asylum seekers and refugees through food provisions, emergency assistance, community activities and many other initiatives. They are the largest housing provider of transitional accommodation for asylum seekers and refugees in NSW and consequently support a large number of people each week.

Life Skills Program

"Love is present equally in all human beings as the one effulgent Divine quality. This Love may be expressed in different ways, but its nature is the same." ~ Sathya Sai Baba (Sathya Sai Speaks, Vol 22)



Our brothers and sisters from across the sea can often face hardships and emotional challenges in trying to build a new life in our wonderful country. To reach out a helping hand this year, we will focus on a number of workshops and activities with refugee and migrant families in our local community.

Over the months of July and August, 4 service projects will be undertaken as part of the life skills program:

- **Art workshops** for kids as an outlet to express their emotions
- **Life skills** for teenagers and young adults on bullying and social media
- **Sports activities** for teenagers and young adults as a way of forming bonds and friendships
- **Music session** with the elderly (rehearsals will be combined with the Nursing Home Project rehearsals)

Please note: as this project is one that has been developed specifically for youth to work with youth, volunteer priority will be given to youth members that sign up for this project.