



UNITY BULLETIN

Sathya Sai International Organisation of Australia and PNG | Victoria

EAST REGION PRESIDENT: Seth Ravindran | 0407 500 297 | sss.eastvic@gmail.com

WEST REGION PRESIDENT: Ruwen Moodley | 0433 099 418 | sss.westvic@gmail.com

Sai Calendar of Events

Wed 11th	Deepavali
14th & 15th	Akhanda Bhajans
Thurs 19th	Ladies Day
Mon 23rd	Sri Sathya Sai Baba's Birthday

Important Dates

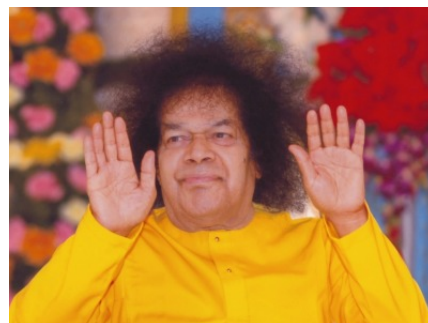
- 18th OF EACH MONTH:
Articles/Events submitted to Regional President
- 23rd OF EACH MONTH:
Articles/Events verified and inserted in Unity Bulletin
- 25th OF EACH MONTH:
Unity Bulletin finalised
- 27th OF EACH MONTH:
Unity Bulletin published online

All late or urgent articles will only be considered on merit and under exceptional circumstances. All articles MUST be submitted to Regional Presidents prior to entry in Bulletin. For further details please contact: Dr Raman Khoosal 0409 857 672

What does Deepavalli event signify? from Swami's Divine Discourse on 4th November 2002

It signifies killing the demon in man. 'Nara' means man and 'Asura' means demon. This demon is present in every human being. It is not necessary to acquire great Astras and Sastras to kill this demon. Man is called 'Nara' because there is Atma in him. That Atma is the embodiment of love. It is possible to kill the demons only through love. Therefore, realise the Atma Tathva and develop love. This is true Bhakti.

We are celebrating such a sacred event of killing the demon Narakasura as a festival by preparing so many delicious dishes and feasting on them. But, we are not making any effort to understand the inner meaning of this sacred event. In order to understand the sanctity of this great event, we must join good company. You should not lead a life of selfishness. That is the life of an individual. That is a wasteful life. It is only in community life, can you realise divinity.. You must lead a happy life by identifying yourself with society. In fact, Society is the embodiment of divinity. Give happiness and take happiness. Happiness is not a one-way traffic, it is a two-way



process of give and take. Speak good words. Develop Samyak Drishti (sacred vision). Lead a life of purity. Make your life sanctified. **Deepavali means "the array of lights."** "Thamasomaa jyotirgamaya" (Lead me from darkness to light) is an Upanishadic prayer: This means that where there is darkness light is needed. **What is this darkness? Sorrow is one form of darkness. Peacelessness is another. Loss is another. Disappointment is one form of darkness. Misery is yet another. Lack of enthusiasm is another. All these are different forms of darkness. To get rid of the darkness of sorrow, you have to light the lamp of happiness. To dispel the darkness of disease, you have to install the light of health. To get over the darkness of losses and failures, you have to usher in the light of prosperity.**

(Divine Discourse on November 5, 1991)



May Goddess Lakshmi shower Her choicest Blessings on you and your family.
Happy and Prosperous Diwali.

Global Akhanda Bhajan 2015

From 6pm Saturday 14th Nov.
to 6pm Sunday 15th Nov. 2015
Venue: Eley Park Community Centre
87 Eley Road, Blackburn South VIC 3130
Melway Reference: 61 H5
(Please see Centre Chairpersons for relevant time slots)



Please keep knitting as these Comfort Bears really do help children in distressful situations whether overseas or in Australia. If you need the pattern on how to knit these comfort bears please contact: Trish Newcombe on 9772 6643

Sai Youth Get-Together will be held on Saturday, 28th November 2015 at 310, Burwood Hall (Nunawading Centre Hall) commencing at 6.00pm. All Sai Youth are lovingly invited to attend.

TENTH SSIO WORLD CONFERENCE - 25th to 27th NOVEMBER, 2015

The Sathya Sai International Organisation will be hosting an International Exhibition in conjunction with the Tenth World Conference to be held in Prashanti Nilayam.

"Reason can prevail only when arguments are advanced without the whipping up of sound"

- Sri Sathya Sai Baba

The Sathya Sai International Organisation of Australia & PNG (East Region) is organizing Ladies Day Celebrations 2015 on Thursday 19th November From 7:30 pm to 9 pm (Please be seated by 7:15 pm)

Venue: East Burwood Hall East Burwood Reserve, 310 Burwood Highway, East Burwood.

Contact: Nalini Navaratnam Home: Mob: 0431 301 338

The Sathya Sai International Organisation of Australia & PNG (West Region) is organizing Ladies Day Celebrations 2015 on Thursday 19th November

This celebration will be held at the Meadowglen Stadium Hall in Epping at 7:30 pm. Please keep the date free to celebrate this joyous occasion with us!

The Theme is - Petals of Happiness, as chosen by our lovely Regional Ladies co-ordinators.

The Sathya Sai International Organisation of Australia & PNG (Victoria) invites All to attend Swami's 90th birthday Celebrations 2015

Swami's Birthday Theme: The Golden Era of Pure Love

Date: Monday, 23 November 2015. The programmes starts at 7.30pm. Please encourage your friends and relations to participate in this celebration.

Venue: Box Hill Town Hall, 1022 Whitehorse Rd, Box Hill

Time : 7:30 pm (Please be seated by 7:15 pm)

Please Note No home Bhajan on 28th Nov 2015 at Ramesh and Rajesh's place at 48 Creek Road Mitcham - Mel. Ref 48 K10

December Bhajan will be held as usual on Saturday 26 th December 2015 at 6.00 pm
Address: 48 Creek Road Mitcham

Contact Ramesh/Rajesh on 9874 5373



Blood Donation. For those who could not donate with the group in August, you can make a time directly with Red Cross.

If you would like your donation to count towards the Sai Organisation tally - you can quote the club code "Sathya Sai Organisation".

Home Devotional Singing

Date & Time	Address	Contact
Date varies call Norma on 9563 7872	21 Magnolia Avenue, Bentleigh East	Norma Brown 9563 7872
Note: There will be no bhajans on 28th Nov	48 Creek Rd, Mitcham Melway 48 K10	Ramesh & Rajesh 9874 5373

Note: Sai Organisation does not render insurance

Vedam Chanting

West Region

Date & Time	Address	Contact
Every Sunday 6pm - 7pm	7 Lomandra Court, Bundoora	Kalai 0402 957 957

East Region

Date & Time	Address	Contact
Every Sunday 9am - 10am	44 Nothan Rd, Wantirna	Mahen 0413 607 965
Every Sunday 4:30 - 5:30pm	79 Barter Cres, Forest Hill	or Muruga 9886 5457
Weekdays 7am - 7:25am	<i>Sessions over</i> <i>Skype</i>	Achuta 9511 4463

Recycling at the Mews

Women of the University Fund (WUF) would greatly appreciate your help in procuring the following items for recycling:

Stamps (urgently required) preferably with envelope in half, wool, aluminium cans, clean aluminium foil, greeting cards, books, bric-a-brac etc.

For more information contact: Trish 9772 6643

Latest Sai events on DVD

Available here: saiaustralia.org.au/multimedia

Service Opportunities

Every Monday in Footscray: 6pm - 7pm

Venue Nicholson Mall, Footscray
Details More volunteers are needed who can cook & supply vegetarian pasta, rice, curry, noodles, fruits, salad etc.
Contact Bob 9395 1085 | Judy 9741 1201

Every Tuesday in Dandenong: 7:30pm - 9pm

Venue Dandenong Market Foyer, Clow St, Dandenong | Melway Ref. 90 E7
Contact Sanjay Unadkat 0409 515 092
 Santhakumar 0402 455 779

Every Thursday in the City: 8:30pm - 10pm

Venue Victoria Market
(behind the car park on Franklin St)
Details We serve: cooked vegetarian food, biscuits/cookies, coffee, tea and Milo, fresh fruits and packet juice.
Contact Saras Wati 0409 847 563
Email saraswati794@hotmail.com

School Breakfast Program

Breakfast is served in a number of schools throughout Victoria during the weekdays. See below for more information on how you can help:

East Region

Venues Clayton & Springvale Primary Schools
Contact Bhagavantham Dasika 9803 4552
 Sanjay Unadkat 0409 515 092

West Region

Venue Thomastown Primary School
Contact Vasantha Ravi 9467 5845

Sai Baba Books & Information Centre

Sai Books / DVD's / Bhajan CD's are available at cost price. For enquiries & orders please contact: Margaret or Randall McDonald 9722 1740

SSE Hubs Information

EAST REGION						
SSE Hub Name	Venue	Melway Ref.	Day	Class Time	Contact Name	Contact Numbers
Endeavour Hills/Berwick	16 Essex Park Drive, Endeavour Hills 3802	90 K3	Every FRIDAY	7:30pm - 9pm	Veena Singh	0431 422 006
Glen Waverley	Highvale Primary School, 33 Ashton St, Glen Waverley 3150	62 E10	Every SATURDAY	9am - 10:30am	Sonia Bhatia	03 9560 1879
Nunawading/Box Hill	Highvale Primary School, 33 Ashton St, Glen Waverley 3150	62 E10	Every SATURDAY	2:45pm - 4:30pm	Thilaka	03 9855 9298
Springvale/Clarinda	The Crescent Centre, 1A The Crescent, Springvale 3171	79 K11	Every SUNDAY	9:30am - 10:30am	Saras Verma	03 9701 0925

WEST REGION						
SSE Hub Name	Venue	Melway Ref.	Day	Class Time	Contact Name	Contact Numbers
Caroline Springs	Stevenson House, 10 Stevenson Crescent, Caroline Springs	358 G1	Every SUNDAY	2:30pm - 3:30pm	Suresh Gopalakrishnan	03 9687 7990 0432 031 263
Hoppers Crossing	Kelly Park Community Centre, 1 Synnot St, Werribee 3030	205 J9	Every SUNDAY	10:30am - 11:30am	Vidya Mohan	0401 959 174
Melbourne	St. Joseph's Church Hall Fitzgerald St (off Chapel St), South Yarra 3141	58 D4	*On Needs Basis (SUNDAY)	4:30pm - 5:30pm	Peter Moschou	0409 944 845
Mill Park/Epping	Mill Park Community Centre Cnr. of Blamey Avenue & Mill Park Drive, Mill Park 3082	10 A6	Every SUNDAY	1:45pm - 3:15pm	Shanti Dhanapalan	03 9404 3280 0431 697 940

East Region Centre/Group Meeting Times

PLEASE BE SEATED 15 MINUTES PRIOR TO COMMENCEMENT

East Region President: Seth Ravindran | 03 9808 0940 | 0407 500 297 | sss.eastvic@gmail.com

Centre/Group	Venue	Melway Ref.	Day	Time	President	Contact Numbers
Berwick	Bridgewater Family and Children's Centre 45 Bridgewater Blvd, Berwick	131 D5	Every SUNDAY	10am	Vishwara Yenkutusamy	0450 630 573
Box Hill	29 Strabane Avenue, Box Hill North	47 A6	Every FRIDAY	7:45pm	Vaishali Thakkar	03 9807 2463
Cheltenham Group	218 Centre Dandenong Rd, Cheltenham	87 D2	Every THURSDAY	7:30pm	Ami Chand	03 9585 0273 0404 838 502
Clarinda	Clarinda State School 1166 Centre Rd, Clayton South	78 J3	Every THURSDAY	7:30pm	Krish Perumal	03 9570 5656 0425 864 379
Clayton Group	Clayton South Primary School 539 Clayton Rd, Clayton South (entrance via Narrumburn St)	79 B7	Every THURSDAY	7:30pm	Ritesh Puran	0415 457 405
Doncaster East Group	105 Beverley St, Doncaster East	48 C2	1st FRIDAY	7:45pm	Dr Surender Kumar	0422 434 869
Endeavour Hills	Hallam Gardens Children's Centre, 26 - 28 Nettle Drive, Hallam	91 J12	Every THURSDAY	7:30pm	Birendra Prasad	03 9755 8050
Waverley	Highvale Primary School 33 Ashton St, Glen Waverley	62 E10	Every FRIDAY	7:30pm	Ravinthiran Vijayasingam	03 9700 1171 0433 513 919
Mornington Group	<i>Rotating Venues (please call for details)</i>	N/A	1st SATURDAY	2pm	Lorna Gerard Christine	03 9775 4447 03 9787 9834
Nunawading	East Burwood Hall East Burwood Reserve, 310 Burwood Hwy, Burwood East	62 B7	Every THURSDAY	7:30pm	Jeyam Charrett	03 9887 9216
Outer Eastern Group	<i>Rotating Venues (please call for details)</i>	N/A	1st SUNDAY	4pm	Randall McDonald	03 9722 1740
Sale Group	<i>Please call for details</i>	N/A	-	-	Anjali Mandaleson	03 5144 7686
Springvale	The Crescent Hall 1A The Crescent, Springvale	79 K11	Every SUNDAY	10:30am	Alvin Moodley	03 9579 2234 0430 460 303

West Region Centre/Group Meeting Times

PLEASE BE SEATED 15 MINUTES PRIOR TO COMMENCEMENT

West Region President: Ruwen Moodley | 0433 099 418 | sss.westvic@gmail.com

Centre/Group	Venue	Melway Ref.	Day	Time	President	Contact Numbers
Baranduda (Albury)	41 John Bowes Drive, Baranduda	N/A	1st THURSDAY	7:30pm	Vicki Bardy	02 6024 3486 0418 429 941
			3rd SUNDAY	10:30am		
Caroline Springs	Stevenson House 10 Stevenson Crescent, Caroline Springs	358 G1	Every SUNDAY	4pm	Suresh Gopalakrishnan	03 9687 7990 0432 031 263
Epping	Meadow Glen International Athletics Stadium (Function Room) McDonalds Rd, Epping	182 J10	Every THURSDAY	7:30pm	Shimla Prasad	03 9407 1284
Euroa Group	'Alchera' 234 Gap Rd, East Longwood	N/A	1st SATURDAY	11am	Juergen Malinas	03 5798 5594 0448 980 300
Geelong Group	15 Koorong Court, Highton	465 B2	Alt. FRIDAYS	7:30pm	Selva Selvalingam	03 5244 2802 0417 552 760
Hoppers Crossing	Activity Room 3, Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing	206 J1	Every THURSDAY	7:30pm	Minay Lodhia	03 9687 8177 0411 800 167
Melbourne	St. Joseph's Church Hall Fitzgerald St (off Chapel St), South Yarra	58 D4	Every SUNDAY	4:30pm	Margaret Alexander	03 9380 2585 0408 442 665
Mill Park	Mill Park Community Centre Cnr. of Blamey Avenue & Mill Park Drive, Mill Park	10 A6	Every FRIDAY	7:30pm	Kalai Govindarajan	03 9404 4805 0402 957 957
Seddon	Uniting Church Community Hall Cnr. of Gamon & Mackay St, Seddon	42 A7	1st TUESDAY	7:30pm	Sarma Pochincharla	03 9395 4880 0419 304 754

The Victorian Unity Bulletin is the official monthly newsletter of the Sathya Sai International Organisation of Australia and PNG: Victoria and is published by authority of the Victorian Coordinating Committee. Editorial policy precludes business advertising or use of private business names or logos. All Sai events are to be submitted to appropriate Regional Presidents before inclusion. This Bulletin is stored at: victoria.saiaustralia.org.au

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