



Victoria Regions East and West

UNITY BULLETIN

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The Victorian Unity Bulletin is the official bi-monthly Newsletter of the Sathya Sai International Organisation of Australia & PNG: Victoria Regions and is published by the authority of the Regional Coordinating Committees. Editorial policy precludes business advertising or use of private business names or logos. All Sai events are to be submitted to appropriate Regional Presidents before inclusion.

The mind is the background for the world. If thoughts and activities of the mind are sound, healthy, non-violent, filled with love, morally harmonious, then peace is near at hand and Brahman (Supreme Reality) can be attained.....Sathya Sai Baba

January/February 2017

Issue: 3

Sai Calendar of Events Jan/Feb. 2017

Sun Jan. 1 st	New Year's Day
Sat Jan. 7 th	Orthodox Christmas
Sat Jan. 14 th	Orthodox New Year
Sat Jan. 14 th	MakaraSankranti
Thur Jan. 26 th	Australia Day
Sat Jan. 28 th	Chinese New Year
Mon Jan. 30 th	School Term starts
Fri Feb 24 th	MahaShivarathi

IMPORTANT DATES

18th OF EACH MONTH – Articles/Events submitted to Regional Chairpersons

23rd OF EACH MONTH – Articles/Events verified and inserted in Unity Bulletin

25th OF EACH MONTH – Unity Bulletin finalized

27th OF EACH MONTH – Unity Bulletin published on the website.

All late or urgent articles will only be considered on merit and under exceptional circumstances. **All articles MUST be submitted to Regional Chairpersons prior to entry in Bulletin.** For further details please contact: Dr Raman Khoosal– 0409857672



THE KEY TO A 'HAPPY NEW YEAR' FROM SAI

It is that time of the year when we wish happiness for everyone around us and ourselves. Regardless of how happy the past year has been, we wish that the new year brings more happiness. But few stop to wonder what is happiness. What does it mean to be happy and what does it take to be happy? The answers to these vital questions are the essence of human existence, and when that be the case, is there any surprise that the Lord in human form encouraged and inspired each of us to seek these answers.

To begin this new year in the right earnest and to make sure that we pursue true happiness, we offer you Baba's New Year message of the years 1974 and 1979. These were letters written to His boys of the Brindavan college, greeting and blessing them on the New Year's Day. Though written three decades ago, the message they carry is of eternal relevance, like the love of our Lord who penned these letters.

Dear Boys!

Wish you happy and peaceful New Year. What is the happiest day in your life? All are happy days to a person of true knowledge.

Happiness is an internal conscious experience which comes as an effect of the extinction of mental or physical desire. The lesser the desire, the greater is the happiness. So perfect happiness consists in the destruction or satisfaction of all desires in the absolute being.

Life is an experience meant to train the individual for a higher, deeper and expanded state of existence through the experience of the results of action. The aim of everybody's life is the attainment of complete perfection in the Spiritual Absolute.

Prema (Divine Love) is not an illusion. It is a reality and actuality for those who have realised oneness in life.

What is man's dearest possession apart from his life? One's dearest possession is one's own true Self and there is no permanently dear thing apart from that.

God is great, all others are mere dust. God only is real and great. Everything else is unreal and valueless. I go further to say that God only exists and there is nothing second to Sai (God).

*With Blessings,
Baba 1.1.1974*



My Dear Boys!

Heartiest greetings and all good wishes for a Happy Day and New Year. Love is patient and kind, it is not jealous or conceited or proud. Love is not ill-mannered or selfish or irritable.

Love does not keep a record of wrongs. Love is not happy with evil, but is happy with truth.

Love never gives up and it gives faith and hope.

Love is eternal.

With Love,

Sri Sathya Sai Baba.

1.1.79

Sai National Conference 2017

Theme: Walking in His Footsteps...



Dates:

Friday, 14 April, 3.00 pm to Monday, 17 April, 1.00 pm.

Venue: Box Hill Town Hall,

1022 Whitehorse Road, Box Hill.

Register for Early Bird discount at:

<http://conference.saiaustralia.org.au>

For further information please contact:

Anjana on 04377478568; Sanjay on 0409515092;

Aru on 0411587191

Dandenong meal service Christmas Event



The meal service on Tuesdays at Dandenong Market is continuing quite successfully and at the Christmas function held on 20th December, more than 100 people attended, including a visit from Councillor Jim Memeti, Mayor of Dandenong, and Ministers from the Catholic church Mrs Anne Kennedy and Rob Kennedy. We appreciate all those who contribute to this valuable service on a regular basis under the guidance of past and current Regional Service Coordinators Santhakumar, Sanjay and Balendra.

SSE Day Camp 2017

Sathya Sai International Organisation of Australia & PNG - Victoria East Region Invites all children above the age of 4 to a day of fun, sun and Sai

When: Saturday, 28 Jan 2017, from 7:30 am to 5:00 pm

Where: Highvale Primary School – 33 Ashton Street, Glen Waverley.

For more information please contact: Chitra (0432 516 823) or Deven (0438 221 907)

Vedic chanting

Date: Saturday, 21 January 2017

Time: 9:00 am to 12:00 pm

Venue: Highvale Primary School,
33 Ashton Street, Glen Waverley

MahaPrasadam (Lunch) will be provided at the conclusion

For more information please contact:

Aru - 0411587191; Achutha - 0423 179 983;

Mahen - 0413 607 965; Muruga - 0414 230 883

MahaShivarathri celebrations



Date: Friday, 24 February 2017

Time: Friday, 24 February, 7:25 pm – Saturday, 25 February, 6:15 am

Venue: East Burwood Hall, East Burwood Reserve,

310 Burwood Hwy, East Burwood

Contacts: Santha: 0403 455 774/ Ramani: 0412 252 472 /
Shama: 0417 394 941

Sathya Sai International Organisation of Australia & PNG BLOOD DRIVE



Liquid blood donation from 23 November 2016 to 24 April 2017. The donor centres available are Mt. Waverley Donor Centre, which is mainly suited for the East Region. For the West Region Bundoora and Werribee Donor Centres.

Saving lives together

For registration, please contact:

Mayavan on 04040590931; Charshi on 04219241101; Kailesh on 0430851311 or Jaslyn on 0421701262

Where's the Joy – Christmas Event

DVDs are now available (\$5 per copy) of the memorable Christmas Event "Where's The Joy" held on December 3, 2016 in Berwick.

This DVD will provide another chance to view this well presented play.

Please contact your Centre to purchase a copy.

Applications for the 2017 Sathya Sai International Youth Leadership Programme (SSIYLP).

The vision of the SSIYLP is to inspire and train a generation of leaders to take Sathya Sai Baba's message forward by first understanding and practicing His teachings, and then taking up active leadership roles in the Sathya Sai International Organisation (SSIO).

2017 SSIYLP- Application Process

Regional Presidents, in consultation with Regional Youth Coordinators, are requested to encourage all youth between the ages of 21 – 40 and those over the age limit of 40 that have a close association with the young adult programme to participate. Details for the SSIYLP online application will be sent to Presidents shortly to share.

All National and Deputy National Youth Coordinators and young adults currently serving in any leadership role in the SSIO should be encouraged to participate.

For further information please contact the SSIYLP Chair, Mr. Deviesh Tankaria: SSIYLP@SathyaSai.org.

COMFORT BEARS



The next lot of bears will be delivered to Raipur Hospital. Please keep knitting as these 'comfort' bears really do help children in distressful situations whether overseas or in Australia. If you need the pattern on how to make these, kindly contact: Ami Chand on 95850273 or Trish Newcombe on 97726643 or Ursula Aruma on 95125597

Instructions are also available on ssswebsite

SERVICE OPPORTUNITIES

Every Monday in Footscray area

Mobile Kitchen Food Service

6.00 – 7.00 pm: Nicholson Mall, Footscray

More volunteers needed who can cook and supply vegetarian pasta, rice, curry, noodles, fruit and salad and so on.

For information, please contact Bob: 9395 1085 or Judy – 9741 1201

Every Tuesday in Dandenong Area

7.30 – 9.00 pm: Dandenong Market Foyer

Clow Street, Dandenong. Melway Ref: 90E7

We serve bread rolls, fruit, pasta, rice pkts, tea /coffee, milo and cakes.

Please contact: Thambirajah Balendra - 9808 6675; 0422 646 644 or Sanjay: 0409 515 092 or Santhakumar – 0402 455 779

Every Thursday in the City

8.30 – 10.00 pm Victoria Market

(Behind the car park, Franklin Street)

We serve cooked vegetarian food, biscuits/cookies, coffee, tea and Milo, fresh fruits and packet juice

For more information please contact: Rajan Babu on 0434 054 347 or Ching Ong on 0425 715 026

School Breakfast Program

Breakfast is served in a number of schools throughout Victoria during the weekdays. For information on how to get involved, please contact the relevant people below:

Region East – Clayton and Springvale Primary Schools

Bhagavantam Dasika Ph: 9803 4552

Thambirajah Balendra Ph: 9808 6875 or 0422 646 644

Sanjay Unandkat: Mob: 0409 515 092

Region West – Thomastown Primary School

Vasanth Ravi. Ph: 9467 5845



Recycling at the Mews

Women of the University Fund (WUF) would greatly appreciate your help in procuring following items for recycling:

- a) Stamps urgently required (preferably with envelope cut in half).
- b) Wool, aluminium cans, clean aluminium foil, greeting cards, books, bric-a-brac and so on

For more information please contact: Trish-97726643

Sai Baba Books & Publications



Manager and Central Supplier - Margaret McDonald Sai Books/DVD's/Bhajan CD's are available at cost price.

For enquiries & orders, please contact Margaret or Randall McDonald – 97221740

Notice Board

Change of venue for weekly bhajans

Springvale Sai Centre will be having the next three devotional meetings in the following alternative venue:

Paddy O'Donohue Centre, 18-34 Buckley St, Noble Park

New time: 2:30 pm on Sundays, January 15, 22 & 29

Centre is back to its usual venue from 5 February 2017

25th Anniversary Celebration

Springvale Sai Centre will be having their 25th Anniversary Celebration on:

Saturday, 1 April 2017

(Further details to follow)

Home Devotional Singing

For details contact:

Norma Brown – 9563 7872

Note: Sathya Sai International Organisation does not render insurance indemnity for participation in home bhajans

Vedic chanting

West Region

Every Sunday: 6.00 pm to 7.00 pm

Venue: 7 Lomandra Court, Bundoora Vic.

For further details contact: Kalai – 0402 957 957

East Region

Every Sunday: 9.00 am to 10.00 am

Venue: 44 Nothan Road, Wantirna

&

Every Sunday: 4.30 pm to 5.30 pm

Venue: 79 Barter Crescent, Forest Hill.

Anyone wishing to learn Veda please contact Mahen on [0413607965](tel:0413607965)

Vedic chanting - Learning over SKYPE

Every Working day: Time: 7.00 am to 7.25 am

Contact : Achuta on 9511 4463

VICTORIAN CENTRE/GROUP MEETING TIMES

Please be seated 15 minutes before the start

	CENTRE/GROUP	Mel way	Day	Time	Contact	Phone
SAI EAST REGION	BERWICK 19 Beldale Court, Berwick	110 H3	Each SUNDAY	10.00 AM	Gary Torpy	(03) 9702 0457 0405452575
	BOXHILL 29 Strabane Ave, Mount Albert	47 A6	Each FRIDAY	7.45 PM	Sharma Mohan	0417394941
	CLARINDA Clarinda State School, 1166 Centre Rd, Clayton South	78 J3	Each THURSDAY	7.30 PM	Krish Perumal	0425864379
	CLAYTON Clayton South Primary School, 539 Clayton Road, (entrance via Narrumburn Street)	79 B3	Each THURSDAY	7.30 PM	Ritesh Puran	(03) 9570 5562 0415457405
	CHELTENHAM 218 Centre Dandenong Road, Cheltenham	87 D2	Each THURSDAY	7.30 PM	Vinesh Latchman	0407809204 0404838502
	DONCASTER EAST GROUP 105 Beverley Street, Doncaster East 97 Blackburn Road, Doncaster East		1 st FRIDAY 3 rd FRIDAY	7.45 PM 7.45 PM	(Samy) Narayana Samy	(03) 9842 6321
	ENDEAVOUR HILLS Hallam Gardens Children's Centre 26-28 Nettle Drive, Hallam	91 J12	Each THURSDAY	7.30 PM	Brenda Prasad	(03) 9755 8050 0431242922
	MORNINGTON GROUP Rotating venues (Please call for details)	N/A	1 st SATURDAY	2.00 PM	Christine Maskiell	(03) 97879834
	NUNAWADING East Burwood Hall, East Burwood Reserve, 310 Burwood Hwy, East Burwood	62 C7	Each THURSDAY	7.30 PM	Dr. Ramani Sivakadadchan	(03) 9342 4060 0412252472
	OUTER EASTERN GROUP Rotating venues (Please call for details)	N/A	1 st SUNDAY	4.00 PM	Randall McDonald	(03) 9722 1740
	SPRINGVALE 1A The Crescent, Springvale	79 K11	Each SUNDAY	10.30 AM	Saras Verma	(03) 9701 0925 0406886848
	WAVERLEY Highvale Primary School, Ashton Street, Glen Waverley	62 E10	Each FRIDAY	7.30 PM	Santhakumaran	(03) 9778 5675 0403455774
SAI WEST REGION	BARANDUDA/ALBURY GROUP 221B, Andrews Street, Albury	N/A	1 st THURSDAY 3 rd SUNDAY	7.30 PM 10.30 AM	Padma Ayyagiri	0400474939
	EPPING Meadow Glen International Athletics Stadium (Function Room) McDonalds Road, Epping	182 J10	Each THURSDAY	7.30 PM	Suruj Nair	0438401564
	EUROA GROUP Alchera, 234 Gap Road, East Longwood	N/A	1 st SATURDAY	11.00 AM	Chris Parnell	(03) 5821 3483
	GEE LONG GROUP 15 Koorong Court, Highton	465 B2	Each FRIDAY	7.30 PM	Selva Selvalingam	(03) 5244 2802 0417552760
	HOPPERS CROSSING Activity Room 3, Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing	206 J1	Each THURSDAY	7.30 PM	Swamirathan Pazhannur	0402401051
	MELBOURNE St Joseph's Church Hall, Fitzgerald St (off Chapel Rd) South Yarra	58 D4	Each SUNDAY	4.30 PM	Sant Ram	0451030858
	MILL PARK Mill Park Community Centre, Cnr Blamey Ave & Mill Park Drive, Mill Park	10 A6	Each FRIDAY	7.30 PM	Sukanathi Sanjeevan	0413987 464
	SEDDON Uniting Church Community Hall, Cnr Gamon & Mackay Street, Seddon	42 A7	1 st TUESDAY	7.30 PM	Sarma Pochincharla	(03) 9395 4880 0419304754
	CAROLINE SPRINGS Stevenson House, 10 Stevenson Cres. Caroline Springs	358 G1	Each SUNDAY	4.00 PM	Sivakumar Kandiah	0402787284
	TARNEIT Penrose Community Centre, 83 Penrose Promenade, Tarneit	202 C2	Each THURSDAY	7.30 PM	Jyothi Subadra Briers	0470468948