

Victoria Regions East and West



UNITY BULLETIN



Contacts: Victorian Information Coordinator: Trish Newcombe - Tel: 9772 6643 - Email: newcombe@melbpc.org.au
President, Victoria Region East: Deven Srikantha - Tel: 9801 7095 Mob: 0438 221 907 - Email: sss.eastvic@gmail.com
President, Victoria Region West: Davendra Prasad - Mob: 0431 187 137 - Email: sss.westvic@gmail.com

The Victorian Unity Bulletin is the official bi-monthly newsletter of the Sathya Sai International Organisation of Australia & PNG: Victoria Regions and is published by the authority of the Regional Coordinating Committees. All Sai events are to be submitted to appropriate Regional Presidents before inclusion.

*"Welcome pain and grief
as hammer strokes that
shape you into a sturdy
sadhaka (spiritual
aspirant)"*
- Sathya Sai Baba

**September/
October 2017
Issue: 7**

Sai Calendar of Events September/October 2017

Sunday, 3 September

Father's Day

Monday, 4 September

Onam

Saturday, 30 September

Vijaya Dashami (Dasera)

Thursday, 19 October

Deepavali

Friday, 20 October

Avatarhood Declaration Day

IMPORTANT DATES

18th OF EACH MONTH - Articles/Events submitted to Regional Presidents

23rd OF EACH MONTH - Articles/Events verified and inserted in Unity Bulletin

25th OF EACH MONTH - Unity Bulletin finalized

All late or urgent articles will only be considered on merit and under exceptional circumstances.

All articles MUST be submitted to Regional Presidents prior to entry in Bulletin.

For further details please contact:
Dr Raman Khoosal on 0409 857 672

AVATARHOOD DECLARATION DAY

"Man should plant the seeds of love in his heart. Love is God. No quarter should be given to attachments and hatreds. Men should cultivate purity and harmony in thought, word and deed.

It was the 20th of October (1940) - a Monday. This is what I declared on that day:

*Know I am verily Sai
Give up your attachments and attempts;
The old relationships are at an end.
No one, however eminent, can alter My resolve.*

Attachment to worldly objects is a kind of *Maya* (illusion). When these objects are given up, there is freedom from *Maya*.

Differences of caste and creed should be totally eschewed. Character alone should be the hallmark of one's community. Love should become an article of faith. Morality determines the nature of a community. The answer to the question, "To which community do you belong?" should be: "I belong to the community of the moral." If anyone asks for your religion, declare: "Love is my religion."

Develop devotion to God on this basis. Devotion alone protects the entire world and nothing else. No government, no bombs, no tanks can save the world."

- Sathya Sai Baba, Divine Discourse, October 20th 1990

OFFERING 92 MILLION GAYATRI CHANTINGS AT HIS LOTUS FEET TO MARK THE 92ND YEAR OF HIS ADVENT

This year, we are proposing to chant in total 92 million times the Gayatri Mantra in 212 days, commencing from 24th April 2017 to 23rd November 2017 as part of the Global Akhanda Gayatri Chanting initiative of the SSIO. In 2015, we successfully chanted 9 million Gayatris in Australia for the 90th anniversary of Sai's advent.

Sai has said that if chanted with devotion, the Gayatri Mantra, will purify the self, the community we live in and help mother earth to recover from the calamities it is facing. This in turn will bring in world peace.

Larger centres or clusters of centres/groups could organise "Gayatri chanting days" and chant 1008 or more Gayatris. This will ensure greater participation.

Kindly give your counts weekly or monthly to your Centre Devotion Coordinator or his/her nominee who will then forward the counts to the National Devotion Coordinator or his nominee. You could send the counts by email to nationaldevotion@gmail.com

SSE SPORTS DAY

Date: Saturday, 7 October

Time: 1 pm - 5 pm

Venue: Highvale Primary School, Glen Waverley



COMFORT BEARS



Please keep knitting as these 'comfort' bears really do help children in distressful situations whether overseas or in Australia.

If you need the pattern on how to make these, kindly contact: Ami Chand on 9585 0273 or Trish Newcombe on 9772 6643 or Ursula Aruma on 9512 5597

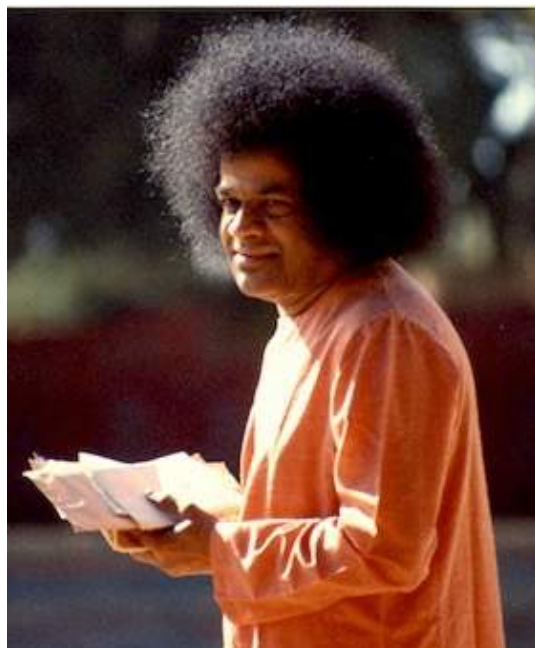
MY SAI & I - by Swami's Students

Date: Sunday, 8 October

Time: 10 am onwards

Venue: Springvale Sai Centre,
1A The Crescent, Springvale

Contact: Baskar 0401 917 558



NOTICE

Shepparton Group

Devotional singing will be commencing at Shepparton on an alternative month basis, to be held at The Senior Citizens Centre, Shepparton

Venue: 122 Welsford St, Shepparton.

Parking at rear.

Devotional singing commences at 12:00 pm, then lunch and Study Circle.

Contact: Chris Parnell - Ph: 5821 3483

The Universal Prayer

"The Gayatri is the universal prayer enshrined in the Vedas, the most ancient scriptures of mankind.

It is addressed to the Immanent and Transcendent Divine, which has been given the name 'Savitha', meaning 'that from

which all this is born'. The Gayatri may be considered as having three parts:

[i] praise, [ii] meditation, [iii] prayer.

First, the Divine is praised, then it is meditated upon in reverence, and finally an appeal is made to the Divine to awaken and strengthen the intellect, the discriminating faculty of mankind. Gayatri is a treasure; you must guard throughout your lives.

Never give up the Gayatri; you may give up or ignore any other mantra, but you should recite the Gayatri at least a few times a day. It will protect you from harm wherever you are travelling, working, or at home.

Westerners have investigated the vibrations produced by this mantra and have found that when it is recited with the correct accent as laid down in the Vedas, the atmosphere around becomes visibly illumined. So the effulgence of (God) *Brahma* will descend on you and illumine your intellect and light your path when this mantra is chanted. Gayatri is the mother, the force that animates all life. So do not neglect it."

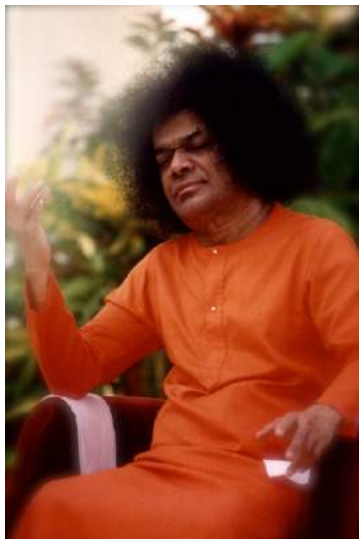
- Sathya Sai Baba, Divine Discourse, 20th June 1977

GAYATRI CHANTING & DEVOTIONAL SINGING

Date: Sunday, 8 October

Time: 5 pm – 7 pm

Venue: Shirdi Sai Temple, 32 Halley Ave, Camberwell



SAI NATIONAL CONFERENCE 2017

Theme:

Walking in His Footsteps.....

DVDs on the Sai National Conference are still available. Please contact

Mark: saimedia108@gmail.com

Alternatively, all sessions of the SNC can be viewed online. Click on the following link:

<http://saiaustralia.org.au/videos-and-photos>



HOME DEVOTIONAL SINGING

For details contact:

Norma Brown – 9563 7872

Note: *The Sathya Sai International Organisation does not provide insurance indemnity for participation in home meetings that are not part of official programs.*

VEDIC CHANTING

WEST REGION

Every Sunday – Time 6:00 pm to 7:00 pm

Venue: 7 Lomandra Court, Bundoora

For further details contact: Kalai – 0402 957 957

EAST REGION

Every Sunday – Time: 9:00 am to 10:00 am

Venue: 44 Northam Road, Wantirna

Every Sunday – Time: 4:30 pm to 5:30 pm

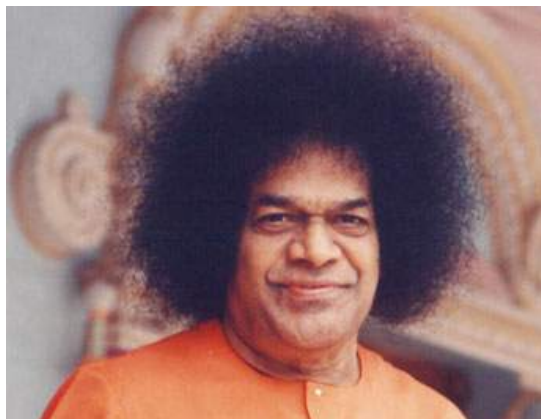
Venue: 79 Barter Cres, Forest Hill

Anyone wishing to learn Veda please contact Mahen on 0413 607 965

Vedic chanting - Learning over SKYPE

Every Working Day: Time: 7:00 am to 7:25 am

Contact: Achuta on 9511 4463



Bear all and do nothing;
Hear all and say nothing;
Give all and take nothing;
Serve all and be nothing.

- Sathya Sai Baba -

SERVICE TO MAN IS SERVICE TO GOD

Meal Service Programs

Every Tuesday in the Dandenong Area
7:30 – 9:00 pm Dandenong Market Foyer
Clow Street, Dandenong (Melway Ref: 90 E7)



We serve bread rolls, fruit, pasta, rice packets, tea/ coffee, milo and cakes.

For more Information please contact:

Thambirajah Balendra - 9808 6675; 0422 646 644,

Sanjay - 0409 515 092 or

Santhakumar - 0402 455 779



Every Thursday in the CBD Area
8:30 – 10:00 pm Victoria Market
(Behind the car park, Franklin Street)

We serve cooked vegetarian food, biscuits, coffee, tea and Milo, fresh fruit and packet juice

For more information please contact:

Rajan Babu - 0434 054 347 or

Ching Ong - 0425 715 026



School Breakfast Program

Breakfast is served in a number of schools throughout Victoria during the weekdays. For information on how to get involved, please contact the relevant people below:

Region East – Clayton and Springvale Primary Schools

Bhagavantam Dasika - Ph: 9803 4552

Thambirajah Balendra - Ph: 9808 6875 or 0422 646 644

Sanjay Unandkat - Mob: 0409 515 092



Region West – Thomastown Primary School

Vasantha Ravi - Ph: 9467 5845

Recycling at the Mews

Women of the University Fund (WUF) would greatly appreciate your help in procuring the following items for recycling:

- Stamps; urgently required (preferably with envelope cut in half).
- Wool, aluminium cans, clean aluminium foil, greeting cards, books, bric-a-brac and so on

For more information please contact: Trish – 9772 6643



Sai Baba Books & Publications

Manager and Central Supplier - Margaret McDonald Sai Books/DVD's/Bhajan CD's are available at cost price.

For enquiries & orders, please contact Margaret or Randall McDonald 9722 1740

VICTORIAN CENTRE/GROUP MEETING TIMES

Please be seated 15 minutes before the start

	CENTRE/GROUP	Melway	Day	Time	Contact	Phone
SAI EAST REGION	BERWICK Bridgewater Children's Centre, 45 Bridgewater Boulevard, Berwick	110 H3	Each SUNDAY	10:00 AM	Gary Torpy	9702 0457 0405 452 575
	BOX HILL 29 Strabane Ave, Mont Albert	47 A6	Each FRIDAY	7:45 PM	Shama Mohan	0417 394 941
	CHELTENHAM 218 Centre Dandenong Road, Cheltenham	87 D2	Each THURSDAY	7:30 PM	Vinesh Latchman	0407 809 204 0404 838 502
	CLARINDA Clarinda State School, 1166 Centre Rd, Clayton South	78 J3	Each THURSDAY	7:30 PM	Krish Perumal	0425 864 379
	CLAYTON Clayton South Primary School, 539 Clayton Road, (entrance via Narrumbum Street)	79 B3	Each THURSDAY	7:30 PM	Ritesh Puran	9570 5562 0415 457 405
	DONCASTER EAST GROUP 105 Beverley Street, Doncaster East 97 Blackburn Road, Doncaster East	48 C1 48 B2	1 st FRIDAY 3 rd FRIDAY	7:45 PM 7:45 PM	(Samy) Narayana Samy	9842 6321
	ENDEAVOUR HILLS Hallam Gardens Children's Centre 26-28 Nettle Drive, Hallam	91 J12	Each THURSDAY	7:30 PM	Brenda Prasad	9755 8050 0431 242 922
	MORNINGTON GROUP Rotating venues (Please call for details)	N/A	1 st SATURDAY	2:00 PM	Christine Maskiell	9787 9834
	NUNAWADING East Burwood Hall, East Burwood Reserve, 310 Burwood Highway, East Burwood	62 C7	Each THURSDAY	7:30 PM	Dr. Ramani Sivakadadchan	8802 8399 0412 252 472
	OUTER EASTERN GROUP Rotating venues (Please call for details)	N/A	1 st SUNDAY	4:00 PM	Randall McDonald	9722 1740
	SPRINGVALE 1A The Crescent, Springvale	79 K11	Each SUNDAY	10:30 AM	Saras Verma	9701 0925 0406 886 848
	WAVERLEY Highvale Primary School, Ashton Street, Glen Waverley	62 E10	Each FRIDAY	7:30 PM	Santhakumaran	9778 5675 0403 455 774
SAI WEST REGION	BARANDUDA/ALBURY GROUP 221B Andrews Street, Albury	N/A	1 st THURSDAY 3 rd SUNDAY	7:30 PM 10:30 AM	Padma Ayyagiri	0400 474 939
	CAROLINE SPRINGS Stevenson House, 10 Stevenson Cres, Caroline Springs	358 G1	Each SUNDAY	4:00 PM	Sivakumar Kandiah	0402 787 284
	EPPING Meadow Glen International Athletics Stadium (Function Room) McDonalds Road, Epping	182 J10	Each THURSDAY	7:30 PM	Suruj Nair	0438 401 564
	EUROA GROUP Alchera, 234 Gap Road, East Longwood	N/A	1 st SATURDAY	11:00 AM	Chris Parnell	5821 3483
	GEELONG GROUP 15 Koorong Court, Highton	465 B2	Each FRIDAY	7:30 PM	Selva Selvalingam	5244 2802 0417 552 760
	HOPPERS CROSSING Activity Room 3, Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing	206 J1	Each THURSDAY	7:30 PM	Swaminathan Pazhannur	0402 401 051
	MELBOURNE St Joseph's Church Hall, Fitzgerald St (off Chapel Rd) South Yarra	58 D4	Each SUNDAY	4:30 PM	Sant Ram	0451 030 858
	MILL PARK Mill Park Community Centre, Cnr Blamey Ave & Mill Park Drive, Mill Park	10 A6	Each FRIDAY	7:30 PM	Sukanathi Sanjeevan	0413 987 464
	SEDDON Uniting Church Community Hall, Cnr Gamon & Mackay Street, Seddon	42 A7	1 st TUESDAY	7:30 PM	Sarma Pochincharla	9395 4880 0419 304 754
	SHEPPARTON GROUP The Senior Citizens Centre, 122 Welsford St, Shepparton	N/A	Alternate MONTHS	12:00 PM	Chris Parnell	5821 3483
TARNEIT Penrose Community Centre, 83 Penrose Promenade, Tarneit	202 C2	Each THURSDAY	7:30 PM	Jyothi Subadra Briers	0470 468 948	