

VICTORIA REGIONS EAST AND WEST



UNITY BULLETIN



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The Victorian Unity Bulletin is the official bi-monthly newsletter of the Sathya Sai International Organisation of Australia & PNG: Victoria Regions and is published by the authority of the Regional Coordinating Committees. All Sai events are to be submitted to appropriate Regional Presidents before inclusion.

“When you cultivate love, it will remove the weeds of anger and malice. It will blossom into peace and calm.”

- Sathya Sai Baba

*January /
February 2018
Issue: 9*

SAI CALENDAR OF EVENTS · JANUARY/FEBRUARY 2018

Thursday, 11 January

Annual Sports and Cultural Meet

Monday, 15 January

Makara Sankranti

Friday, 26 January

Australia Day

Tuesday, 13 February

Maha Shivarathri

IMPORTANT DATES

18th OF EACH MONTH – Articles/Events submitted to Regional Presidents

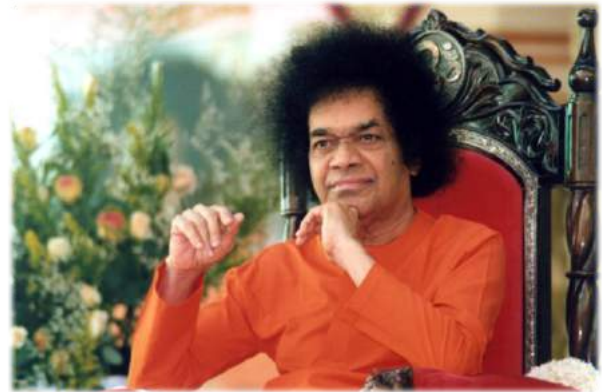
23rd OF EACH MONTH – Articles/Events verified and inserted in Unity Bulletin

25th OF EACH MONTH – Unity Bulletin finalized

All late or urgent articles will only be considered on merit and under exceptional circumstances.

All articles MUST be submitted to Regional Presidents prior to entry in Bulletin.

For further details please contact:
Dr Raman Khoosal · 0409 857 672



“Embodiments of Love! The New Year comes regularly year after year. But do you have any new thoughts? You do not shed your old, mistaken ideas. They should be given up, yielding place to new, sacred and sublime thoughts. Of what use is it to celebrate New Year days if you do not change your old ways of thinking and behaving? Make proper use of time, which is both precious and sacred. Do not indulge in useless gossip. Develop good qualities like compassion, love and sympathy.”

- Sathya Sai Baba, *Sanathana Sarathi*, February 1996, p. 41

SAI BABA’S NEW YEAR MESSAGES

“New year days come and go. Of what use are they? Every moment is new. Why wait for a whole year to make the change in yourself?”

SSE DAY CAMP

Theme: *Holding Onto Him*

Date: Saturday, 27 January

Time: 8 am – 4 pm

Venue: Highvale Primary School, Glen Waverley

Contact: Ramani Sivakad 0412 252 472

SAI AUSTRALIA ON SOCIAL MEDIA

The Sathya Sai International Organisation of Australia & PNG has officially launched on Facebook and YouTube.



Official Facebook Page:

www.facebook.com/ssioau



Official YouTube Channel:

https://www.youtube.com/channel/UCIzMp_meSwojaldEAXaKvHw
or search for "Sai Australia"



Official Website:

saiaustralia.org.au

OFFICE BEARERS' RETREAT 2018

The Biennial Office Bearers' Retreat will be held in NSW on 10 – 11 February, with the theme: *"Your Mission: The Vision and Yearning"*.

A follow-up information session will be held in Melbourne. Details are as follows:

Date: Saturday, 24 February 2018

Time: 1 pm – 4 pm

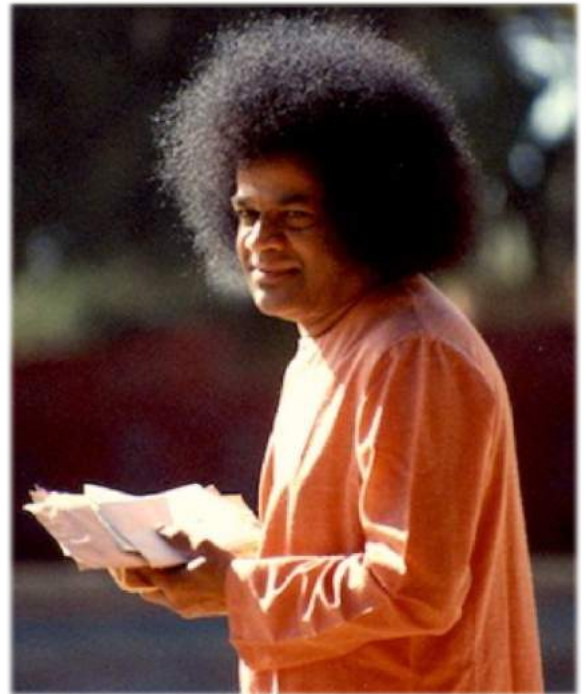
Venue: Eley Park Community Hall,
87 Eley Road, Blackburn South

COMFORT BEARS



Please keep knitting as these 'comfort' bears really do help children in distressful situations, whether overseas or in Australia

If you need the pattern on how to make these, kindly contact: Ami Chand 9585 0273 or Trish Newcombe 9772 6643 or Ursula Aruma 9512 5597



DIVINE DISCOURSE: "DEVELOP FAITH"

Millions recite the Lord's Name, but few have steady faith! Fewer seek the bliss (*Ananda*) that contemplation on the glory of God within, the Atma, can confer. Some people complain that recitation (*japam*) has not cured their pain, grief or greed! It is because they mechanically recite prayers and meditate out of habit or for social conformity or to gain reputation for religiousness! When people who have learnt the precious scriptures revealing *Atma-vidya* (science of the Self) do not put into practice what they repeat orally and have no faith in the assertions, what profit can they get from it? The canker of doubt has undermined their reverential attitude to the scripture. They devalue the scriptures into money-or-fame-earning devices, and when they do not get money or fame through them, they are disappointed. They envy those who follow secular avocations. But if they only develop faith, scriptures themselves will foster them and ensure for them a happy and contented life.

– *Divine Discourse, Feb 23, 1968.*

GAYATRI MANTRA: THE UNIVERSAL PRAYER

“The Gayatri is the universal prayer enshrined in the Vedas, the most ancient scriptures of mankind.

It is addressed to the Immanent and Transcendent Divine, which has been given the name 'Savitha',



meaning 'that from which all this is born'. The Gayatri may be considered as having three parts: [i] praise, (ii) meditation, (iii) prayer.

First, the Divine is praised, then it is meditated upon in reverence, and finally an appeal is made to the Divine to awaken and strengthen the intellect, the discriminating faculty of mankind. Gayatri is a treasure; you must guard throughout your lives.

Never give up the Gayatri; you may give up or ignore any other mantra, but you should recite the Gayatri at least a few times a day. It will protect you from harm wherever you are travelling, working, or at home.

Westerners have investigated the vibrations produced by this mantra and have found that when it is recited with the correct accent as laid down in the Vedas, the atmosphere around becomes visibly illumined. So the effulgence of (God) Brahma will descend on you and illumine your intellect and light your path when this mantra is chanted. Gayatri is the mother, the force that animates all life. So do not neglect it.”

- Sathya Sai Baba, Divine Discourse, 20th June 1977

***Bear all and do nothing;
Hear all and say nothing;
Give all and take nothing;
Serve all and be nothing.***

- Sathya Sai Baba

HOME DEVOTIONAL SINGING

For details contact: Norma Brown · 9563 7872

Note: *The Sathya Sai International Organisation does not provide insurance indemnity for participation in home meetings that are not part of official programs.*

VEDIC CHANTING

REGION WEST

1st Sunday of Every Month · Time: 7:30 pm - 8:30 pm

Venue: 2 Currumbin Road, Doreen

Contact: Saras Wati · 0409 847 563

REGION EAST

Every Sunday · Time: 9:00 am - 10:00 am

Venue: 44 Northam Road, Wantirna

Every Sunday · Time: 4:30 pm - 5:30 pm

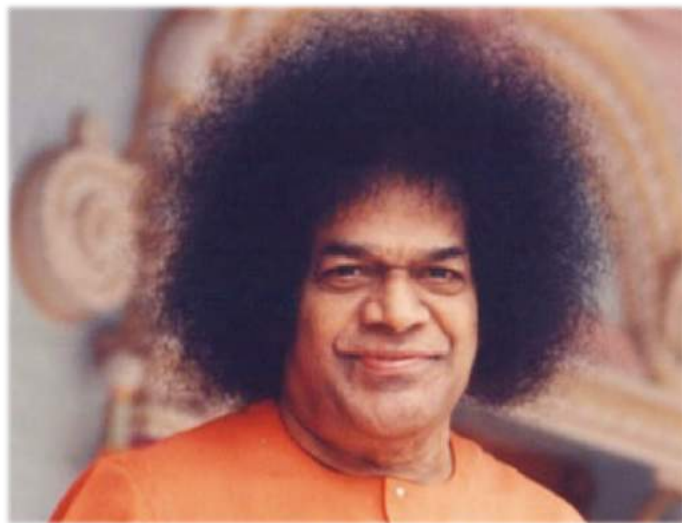
Venue: 79 Barter Cres, Forest Hill

Anyone wishing to learn Veda please contact:
Mahen · 0413 607 965

Vedic chanting · Learning over SKYPE

Every Working Day · Time: 7:00 am - 7:25 am

Contact: Achuta · 9511 4463



SAI BABA'S 92ND YEAR OF THE ADVENT CELEBRATIONS

DVD of the Celebrations for both Regions (East & West) are now available. Please contact your Centre President and order your copy. DVD's are available @ \$5 each.

SERVICE TO MAN IS SERVICE TO GOD

MEAL SERVICE PROGRAMS

REGION EAST

Every Tuesday · Time: 7:30 – 9:00 pm

Venue: Dandenong Market Foyer

Clow Street, Dandenong (Melway Ref: 90 E7)



We serve bread rolls, fruit, pasta, rice packets, tea/coffee, milo and cakes.

For more information please contact:

Kapil Bhatia · 0430 057 799

Sanjay · 0409 515 092 · Santhakumar · 0402 455 779



REGION WEST

Every Thursday · Time: 8:30 – 10:00 pm

Venue: Victoria Market (behind the car park on Franklin Street)



We serve cooked vegetarian food, biscuits/cookies, coffee, tea and Milo, fresh fruits and packet juice.

For more information please contact:

Ching Ong · 0425 715 026

SCHOOL BREAKFAST PROGRAM

Breakfast is served in a number of schools throughout Victoria during weekdays. For information on how to get involved, please contact the relevant people below:

REGION EAST · Clayton and Springvale Primary Schools

Bhagavantam Dasika · 9803 4552

Kapil Bhatia · 0430 057 799

Sanjay Unadkat · 0409 515 092

REGION WEST · Thomastown Primary School

Vasanth Ravi · 9467 5845



RECYCLING AT THE MEWS

Women of the University Fund (WUF) would greatly appreciate your help in procuring the following items for recycling:

- a) Stamps; urgently required (preferably with envelope cut in half).
- b) Wool, aluminium cans, clean aluminium foil, greeting cards, books, bric-a-brac etc.

For more information please contact: Trish · 9772 6643

SAI BABA BOOKS & PUBLICATIONS

Manager & Central Supplier: Margaret McDonald
Sai Books/DVD's/Bhajan CD's are available at cost price.

For enquiries & orders, please contact
Margaret or Randall McDonald · 9722 1740



VICTORIAN CENTRE/GROUP MEETING TIMES

Please be seated 15 minutes before the start

	CENTRE/GROUP	Melway Ref.	DAY	TIME	CONTACT	PHONE
SAI EAST REGION	BERWICK Bridgewater Children's Centre, 45 Bridgewater Boulevard, Berwick	110 H3	Each SUNDAY	10:00 AM	Keshwan Rama	0426 949 941
	BOX HILL 29 Strabane Ave, Mont Albert	47 A6	Each FRIDAY	7:45 PM	Anjali Pabari	0438 255 686
	CHELTENHAM 218 Centre Dandenong Road, Cheltenham	87 D2	Each THURSDAY	7:30 PM	Vinay Latchman	0400 061 527
	CLARINDA Clarinda State School, 1166 Centre Rd, Clayton South	78 J3	Each THURSDAY	7:30 PM	Bala Thambirajah	0422 646 644
	CLAYTON Clayton South Primary School, 539 Clayton Road, (entrance via Narrumburn Street)	79 B3	Each THURSDAY	7:30 PM	Ravi Madhawan	0402 663 641
	DONCASTER EAST GROUP 105 Beverley Street, Doncaster East 97 Blackburn Road, Doncaster East	48 C1 48 B2	1 st FRIDAY 3 rd FRIDAY	7:45 PM 7:45 PM	Narayana Samy	9842 6321
	ENDEAVOUR HILLS Hallam Gardens Children's Centre 26-28 Nettle Drive, Hallam	91 J12	Each THURSDAY	7:30 PM	Deo Narayan	0401 799 130
	MORNINGTON GROUP Rotating venues (Please call for details)	N/A	1 st SATURDAY	2:00 PM	Christine Maskiell	0416 304 551
	NUNAWADING East Burwood Hall, East Burwood Reserve, 310 Burwood Highway, East Burwood	62 C7	Each THURSDAY	7:30 PM	Uthaya Kumar	0403 025 323
	OUTER EASTERN GROUP Rotating venues (Please call for details)	N/A	1 st SUNDAY	4:00 PM	Randall McDonald	0418 318 253
	SPRINGVALE 1A The Crescent, Springvale	79 K11	Each SUNDAY	10:30 AM	Alvin Moodley	0430 460 303
	WAVERLEY Highvale Primary School, Ashton Street, Glen Waverley	62 E10	Each FRIDAY	7:30 PM	Hamen Dayal	0417 317 391
SAI WEST REGION	ALBURY GROUP 221B Andrews Street, Albury	N/A	1 st THURSDAY 3 rd SUNDAY	7:30 PM 10:30 AM	Padma Ayyagiri	0400 474 939
	CAROLINE SPRINGS Stevenson House, 10 Stevenson Cres, Caroline Springs	358 G1	Each SUNDAY	4:00 PM	Bishwaraj Joshi	0424 887 695
	EPPING Meadow Glen International Athletics Stadium (Function Room) McDonalds Road, Epping	182 J10	Each THURSDAY	7:30 PM	Sushil Bhan	9436 6045
	EUROA GROUP Alchera, 234 Gap Road, East Longwood	N/A	1 st SATURDAY	11:00 AM	Chris Parnell	5821 3483
	GEELONG GROUP 15 Koorong Court, Highton	465 B2	Each FRIDAY	7:30 PM	Selva Selvalingam	0417 552 760
	HOPPERS CROSSING Activity Room 3, Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing	206 J1	Each THURSDAY	7:30 PM	Jaidev Dorai	0420 353 582
	MELBOURNE St Joseph's Church Hall, Fitzgerald St (off Chapel Rd) South Yarra	58 D4	Each SUNDAY	4:30 PM	Sandeep Kuppan	0404 869 423
	MILL PARK Mill Park Community Centre, Cnr Blamey Ave & Mill Park Drive, Mill Park	10 A6	Each FRIDAY	7:30 PM	Easwaran Kandasamy	0406 535 155
	SEDDON GROUP Uniting Church Community Hall, Cnr Gamon & Mackay Street, Seddon	42 A7	1 st TUESDAY	7:30 PM	Sarma Pochincharla	9395 4880 0419 304 754
	SHEPPARTON GROUP The Senior Citizens Centre, 122 Welsford St, Shepparton	N/A	Alternate MONTHS	12:00 PM	Chris Parnell	5821 3483
TARNEIT GROUP Penrose Community Centre, 83 Penrose Promenade, Tarneit	202 C2	Each THURSDAY	7:30 PM	Rajan Babu	0434 054 347	